



Southwest Alabama Workforce Development Council (SAWDC) understands there are concerns about COVID-19 (coronavirus). Currently, the health risk to the public in Alabama remains low, but we encourage our students and partners to take common sense precautions to prevent the spread of all infectious diseases.

COVID-19 Prevention tips:

The best way to prevent illness is to limit exposure to potentially ill persons. All students and staff should use "respiratory etiquette" and practice the following preventative actions:

- Cover cough and sneeze with a tissue or sleeve (not their hands). See the CDC "Cover Your Cough" web-page.
- Provide adequate supplies within easy reach, including tissues and no-touch trash cans.
- Routinely clean and disinfect frequently touched surfaces and objects. Use household cleaning spray or wipe accordingly to the label instructions.
- If at school when they become ill, separate sick students and staff from others until they can go home. If face-masks are available, mask the person who is ill.
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Avoid touching face with unwashed hands.
- Avoid close contact with people who are sick.
- Encourage flu vaccine for those who haven't received it this season to reduce illnesses and absences on campus. While this will not prevent coronavirus illnesses, it can help conserve scarce resources needed to respond to COVID-19.

**For additional information, please contact ADPH at (334) 206-5437
or visit**

<http://alabamapublichealth.gov/infectiousdiseases/2019-coronavirus.html>